



MARTIN DE PORRES CENTER

proudly presents



SPIRITUAL GERONTOLOGY COURSES

Presented by Richard Johnson, PhD

“Well in Body, Wise in Mind and Whole in Spirit: Optimal Spirituality and Health for Maturing Adults”

Monday, July 12 | 9:00 AM – 4:00 PM

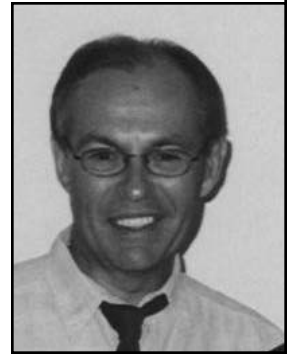
Tuesday, July 13 | 9:00 AM – 4:00 PM

Wednesday, July 14 | 9:00 AM – Noon

Course Cost \$250.00, includes lunch. **Please register by June 15.**

(An additional cost of \$20.00 will be due the first day of class for course materials.)

Going far beyond simple “health practices,” this course teaches how to harness psychological power and spiritual strength to remain as totally healthy in body, mind and spirit as possible. Its content is divided into three parts: Achieving Lifelong Wellness (Body), Mastering the Art of Living Wisely (Mind), Discovering the Pathways to Wholeness (Spirit). Participants will receive the knowledge and tools to teach the course on their own.



“The Ten Spiritual Developmental Tasks of the Illumination Years: Aging Gracefully and Strengthening Spirituality in the Decades Beyond Midlife (65+)”

Wednesday, July 14 | 1:00 PM 4:00 PM

Thursday, July 15 | 9:00 AM – 4:00 PM

Friday, July 16 | 9:00 AM – 4:00 PM

Course Cost \$250.00, includes lunch. **Please register by June 15.**

(An additional cost of \$5.00 will be due the first day of class for course materials.)

This course specifically and concretely outlines the spiritual “work” of the later (illumination) years. Participants will learn how to help maturing adults and elders of faith assess how they are addressing their ongoing spiritual development so they can be aging gracefully. The content meshes the best concepts of developmental psychology with powerful principles of lifespan spiritual growth.

Cost for both courses is \$400.00.

A minimum of ten registrations must be received by June 15 for courses to be offered. Late registrations will be accommodated if we have ten paid registrations by June 15.

For registration or additional information please go to www.martindeporrescenter.net or call Tina Butler at 614-416-1920.

Martin de Porres Center
2330 Airport Drive
Columbus, Ohio 43219 -2098
www.martindeporrescenter.net
phone: 614.416.1910 | fax 614.416.1084